

PESTO PASTA WITH CHICKEN AND TOMATOES

Ingredients

Pesto (see recipe – **1 serving**)

60g Dove's brown rice penne

175ml vegetable broth

150g chicken breast (raw measure but grilled)

6 cherry tomatoes

few basil leaves

½ tablespoon parmesan cheese

Method

1. In a saucepan heat penne and broth just to boiling over high heat. Reduce heat to medium, cover and cook for about 5-8 minutes, stirring frequently or until al dente and liquid is almost absorbed.
 2. Remove the penne from heat, add pesto and stir in grilled chicken and tomatoes.
 3. Cook over medium heat for about 3 minutes or until thoroughly heated.
 4. Garnish with basil and ½ tablespoon parmesan cheese.
-