

BANANA CAKE

Ingredients (10 servings)

3 ripe medium bananas

200g oat flour

2 large free-range eggs

50ml maple syrup

1 tsp baking powder

Method

1. Pre-heat oven to 180°C . Put a parchment paper into a 9x5-inch loaf pan.
2. Add all the ingredients to the blender and blend until smooth and well combined.
3. Pour batter into prepared loaf pan.
4. Bake for 30-35 minutes or until toothpick inserted in the middle comes out clean.
5. Let loaf cool completely in loaf pan.
6. Store cake in an airtight container in the refrigerator.